

MARSHA THERESE DANZIG

WWW.MARSHATHERESEDANZIG.COM

A close-up portrait of Marsha Therese Danzig, a woman with long brown hair, smiling and looking slightly to the right. She is wearing large, ornate earrings with pink beads and a silver-colored metal design. The background is a blurred green foliage.

MEET MARSHA

AUTHOR • SPEAKER • YOGA EXPERT • DANCER



about marsha

Dayton, OH USA

+1-937-999-8058

marshatheresedanzig.com

🌐 5,000 views

📷 800 followers

📺 150,000 views

Marsha Therese Danzig, M. Ed Harvard , is an Advanced Yoga Therapist, , Author and Speaker with an international client base. Marsha is the author of **From the Roots**, a candid memoir about choosing joy in the face of insurmountable obstacles. A childhood bone cancer survivor, kidney transplant recipient and an amputee yoga teacher , Marsha has been featured in such magazines as Good Housekeeping ,Yoga Journal, Huffington Post and Oprah Magazine. She is a passionate flamenco and ballet dancer. Marsha's mission is to show people how to find beauty in all circumstances. Marsha believes that JOY is our birthright and our greatest access to healing.

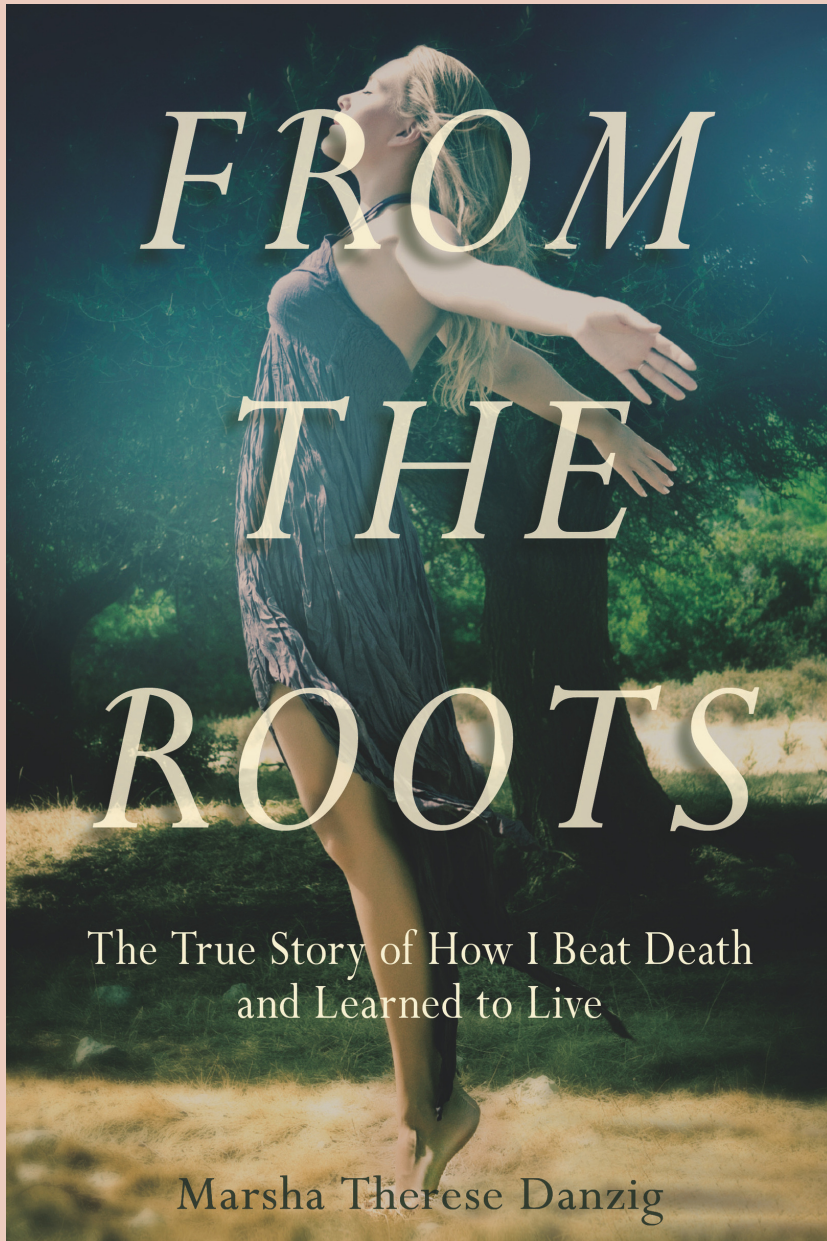
www.marshatheresedanzig.com

From the Roots

BY MARSHA THERESE DANZIG

ISBN: 978-1-5107-1291-1

Publisher: Skyhorse Publishing



From the Roots explores one woman's decision to find grace, hilarity, and ultimately joy, in the worst of circumstances. As a result of surviving childhood bone cancer twice, Marsha endures long-term side effects that include the amputation of her lower left leg, the loss of her bladder and kidneys, congestive heart failure, a kidney transplant, and scars galore. A rebel to the core, her defiance in the face of disease, doctors, establishment, insincere people, and anyone who would steal her joy or life force offers moments of profound depth and humor. Rather than another tell all about a "girl who is sick and mad about it," this book seeks real resolution and most importantly spiritual meaning to the overwhelming losses she is describing.



HEALTHCARE

SPEAKER

WELLNESS

TESTIMONIALS

This isn't an ordinary autobiography. It is an artfully written book, in an engaging format, and a powerful story of a remarkable woman trying to succeed in life while plagued by devastating illnesses since early childhood. See how she does it with sheer strength and determination. This book is like a fine painting or a good symphony.

**THIS MEMOIR IS A REVELATION OF
PAIN, BEWILDERMENT, REDEMPTION,
ACCEPTANCE, AND CELEBRATION
THAT DEMANDS TO BE READ
MULTIPLE TIMES , NOT NECESSARILY
IN THE ORDER OF CHAPTERS THAT
STRUCTURE IT, BUT AS DISCRETE
EPIPHANIES OF MARSHA DANZIG'S
AWAKENING TO HER DIVINE NATURE.**

*You are truly one of the most gifted
teachers I have had the privilege to work
with. All the qualities that you have:
kindness, gentleness, patience, serenity,
hopefulness, love , wisdom are hard to find
in one person.*

**I trust and admire
you and view you
as one of my most
influential yoga
teachers.**

**Your incredible positive
energy allowed for an
important balance to the
day.**

Your book continually touches me deeply. I struggle to know how you have managed to get through so much . I can only believe that you have something in you that defies hopelessness. Your fierce joy is beyond understanding .

MY REASON

Why I wrote From the Roots: I wanted to acknowledge the divinity within the private struggles I , and many others , endure, while living with chronic medical conditions.

Why From the Roots is different than other memoirs: There are many books out there on living with sickness, overcoming the odds, and being an inspiration, but there was very little out there on the dignity , grace and humour it takes to live well while dealing with long term side effects of a terminal illness. I wanted From the Roots to be a work of art, thoughtfully designed into triptychs of thematic prose and poetry to express my unique voice. Trauma is timeless and can be reawakened at any time. How we deal with it affects our whole being.

From the Roots shows aspects of chronic illness such as sexuality, honest spirituality and open- ended questions without resolution , addressed with wit and wisdom. There is even a bit of yoga , shamanism and other mind-altering approaches to sickness that are rare in memoirs.

The topic is timely. 1 out 3 people will be diagnosed with cancer, or another serious illness, in their lifetime. Everyone struggles with body image, success, love, pain , heartache and grief. Embracing our losses with a full spectrum approach of body, mind and spirit is at the heart of From the Roots . We all win when one of us wins.

INTERVIEW QUESTIONS

WHAT IS YOUR
FAVORITE CHILDHOOD
BOOK AND WHY?

*What is next
for you?*

**Do you consider
writing a
spiritual
practice?**

*How has your
childhood
cancer
informed your
life?*

*What does
From the Roots
mean to you?*

How do you
reconcile your
incredible losses
with the notion
of a loving God?

WHAT ADVICE
WOULD YOU
GIVE TO
SOMEONE
FACING ILLNESS
OR LIMB LOSS?

How do you
define literary
success?

Press



As seen in
yoga
JOURNAL



POPSUGAR



Good
Housekeeping

**The
Boston
Globe**



EDGE *The O&P*



Hanger
Empowering Human Potential

CAPE COD TIMES

**CAPE &
PLYMOUTH
Business**



northshore
MAGAZINE

[Amputee Coalition Conference Link](#)

[Cape Cod Hospital Cancer Survivor Event Link](#)

[Women in Business Link](#)

[Pop Sugar Link](#)

[Oprah Magazine Link](#)

PLACES I HAVE PRESENTED

The James, Ohio State University
Amputee Coalition Conference NC, KY, MA, TN
Orthotics Prosthetics Canada, Banff
Spaulding Rehabilitation Hospital Boston, MA
American Orthotics and Prosthetics Association MA
Dana Farber Cancer Institute, MA
Lahey Clinic, MA
Boston Children's Hospital, MA
Ohio Physical Therapy Association, OH
International Association of Yoga Therapists Conference, CA
Dayton, OH Veterans Administration & Hospital
Accessible Yoga Conference, CA, NY
Cape Cod Cultural Center, MA
Cancer Community, Portland, ME
Wounded Warrior Project. MA
IPCA , Washington, DC
Carolinas Pain Institute, NC
Cornell Orthotics and Prosthetics, MA
Dayton Artificial Limb, OH
Great Falls Yoga Festival, ME
Yoga Warriors, MA
Portland Yoga, Portland , OR
Yoga Gallery of Healing Arts, NC
YogaEast, Orlando, FL
Project Light Rwanda, Rwanda
Noble Circle, Dayton, OH
Countless hospitals, clinics, yoga studios, conferences, events

PHOTOS



PHOTOS



BRINGING THE BODY OF MEDICINE BACK TOGETHER AGAIN.

NOW WHAT? FINDING YOUR NEW NORMAL AFTER CANCER

UYOGA FOR ACUTE CARE PATIENTS

A STUNNING LIFE: SPIRITUAL GIFTS
FROM A LIFETIME OF ILLNESS

THE ANATOMY OF HOPE: A MIND,
BODY , SPIRIT MAP FOR YOUR
MOST CHALLENGING PATIENTS.

SPEECH TOPICS

**SURVIVING CANCER LONG TERM: HOW TO WORK
HOLISTICALLY WITH THE LONG TERM EFFECTS OF
YOUR CANCER PATIENT**

YOGA AND THE QUEST FOR THE PERFECT BODY

STAY INNOCENT: HOW CURIOSITY SETS YOU
APART IN LIFE AND WORK.

HEALING THE HEALER: COMPLETE WELLNESS FOR
THE SOUL OF A PHYSICIAN

THE POWER OF JOY IN THE HEALING PROCESS.

WWW.MARSHATHERESEDANZIG.COM

YOGACALM@MSN.COM

937-999-8058



CONTACT

PUBLISHER

SKYHORSE PUBLISHING

ABIGAIL GEHRING

AGEHRING@SKYHORSEPUBLISHING.COM